

WEEK 3: ATTACHMENT AND AWARENESS

PATHFINDERS



SUMMER CAMP NEWSLETTER

Assalamu alaikum Parents,

This week, our campers explored one of the most important questions we can ask ourselves:
What fills our hearts?

Through nature, reflection, teamwork, horses, and meaningful conversations, the children learned that our hearts naturally become attached to the things we give our attention to. Throughout the week, we practiced slowing down, noticing Allah's signs, making sincere intentions, overcoming fears, and supporting one another as a community.

This Week's Big Idea

"What is my heart attached to?"

Throughout the week, campers reflected on how our hearts naturally become attached to the things we give our attention to. Through stories, outdoor adventures, and quiet moments of reflection, they learned the importance of filling their hearts with gratitude, purpose, and remembrance of Allah.

"I'm going to pray and thank Allah for today because it was so fun."

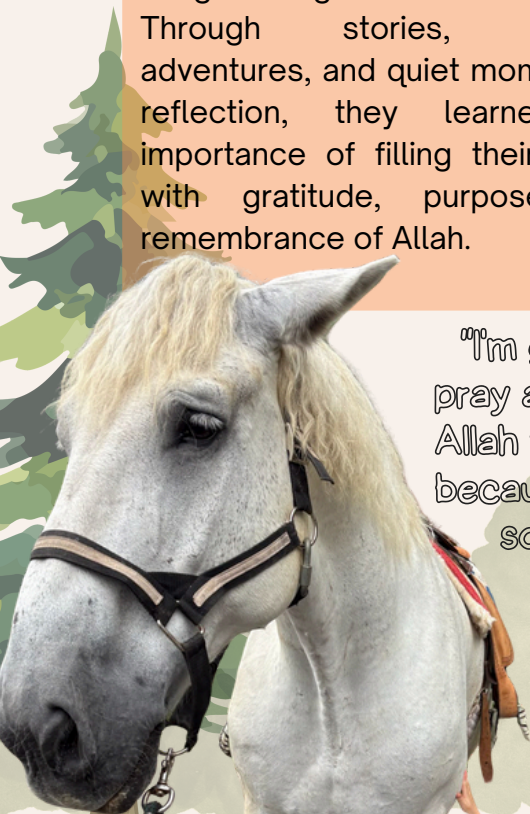


They learned that sincere intentions can turn everyday actions—helping at home, cleaning, learning, or serving others—into acts of worship.

During our afternoon reflection circles, campers explored the ideas of intention (niyyah), resilience, and trust in Allah.



We also reflected on disappointment through examples from nature, reminding campers that setbacks are part of Allah's plan. Like a lion that keeps trying or a garden waiting patiently for rain, we continue making our best effort while trusting Allah's wisdom.



"Prayer and peace fill my heart the most."

Highlights from the Week

Hearts that Notice

Our week began with a silent nature walk, encouraging campers to slow down and truly notice Allah's creation. From birds and rustling leaves to mushrooms, moss, and insects, every discovery became an opportunity to observe, sketch, and reflect together.



Growing Through Leadership

Returning campers naturally stepped into leadership roles by teaching newer campers how to tie knots, use ropes, and explore the forest safely. Watching children confidently share their knowledge and encourage one another has been a beautiful sign of our growing camp community.



Horseback Riding Adventure

One of the week's biggest highlights was our horseback riding experience!

Many campers met horses for the very first time, and while some were eager and others were nervous, everyone encouraged one another with patience and kindness. Along the way, campers learned about horse anatomy, reflected on Surah Al-'Adiyat, and discovered how courage often begins with taking one small step.

A heartfelt thank you to the Safy Horse Team for making this experience so memorable.



Growing Beyond Activities

This week, we watched campers become more confident leaders, stronger teammates, and thoughtful friends. Whether encouraging someone to ride a horse, helping a new camper learn a skill, or reflecting in their journals, they are growing in both character and faith.



"It's a nature walk, so it's supposed to be slow."

"We can do this. Everyone just has to do their job as a team."

Character in Action

This week we witnessed campers:

- ★ Welcoming new friends
- ★ Encouraging one another through challenges
- ★ Demonstrating patience and teamwork
- Taking initiative during cleanup
- ★ and activities
- Showing leadership by helping younger campers

These everyday moments continue to shape a camp culture built on kindness, responsibility, and respect.

Week 3 Video Recap

We put together a short recap of our third week! We hope you enjoy looking back at some of these special moments.

[Click here to view the reel!](#)



Looking Ahead

Week 4 - Growing Strong

Next week, campers will explore what it means to grow stronger—not just physically, but emotionally, mentally, and spiritually. Through outdoor challenges, teamwork, creative activities, and reflection, we'll discover how perseverance, courage, and reliance on Allah help us become stronger in every part of our lives.

Jazakum Allahu khairan for your continued trust and support.

It is a blessing to witness your children growing in confidence, compassion, faith, and friendship each week. We are excited to continue this journey together and look forward to another meaningful week of learning and adventure, insha'Allah.

Ahmad Ghassab

Summer Camp Coordinator
Al Fatih Academy

